

CURRICULUM VITAE

Kyle Eichas

Department of Psychological Sciences
Tarleton State University
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EDUCATION

- 2010 Ph.D., Psychology, Florida International University
Lifespan Developmental Science Program
- 2008 M.S., Psychology, Florida International University
Lifespan Developmental Science Program
- 2005 M.A., Counseling, University of Texas at San Antonio
- 2003 B.A., Psychology and Sociology, Austin College

EXPERIENCE

- 2016– Associate Professor of Psychology, Department of Psychological Sciences, Tarleton State University
- 2012– 2016 Assistant Professor of Psychology, Department of Psychological Sciences, Tarleton State University
- 2010– 2012 Research Assistant, Expect Respect Program, SafePlace, Austin, Texas
- 2007– 2009 Adjunct Instructor, Miami Dade College
- 2005– 2010 Teaching Assistant, Department of Psychology, Florida International University

PUBLICATIONS

Mizokami, S., Côté, J., Toyokawa, T., & **Eichas, K.** (in press). Do Japanese youth proactively form identities? A new approach to self formation. *Identity: An International Journal of Theory and Research*.

Hultin, H., **Eichas, K.**, Ferrer-Wreder, L., Dimitrova, R., Karlberg, M., & Galanti, M. R. (2018). Pedagogical and social school climate: Psychometric evaluation and validation of the student edition of the PESOC. *Scandinavian Journal of Educational Research*. doi:10.1080/00313831.2017.1415962

Hultin, H., Ferrer-Wreder, **Eichas, K.**, L., Karlberg, M., Grosin, L., & Galanti, M. R. (2018). Psychometric properties of an instrument to measure social and pedagogical school climate among teachers (PESOC). *Scandinavian Journal of Educational Research*, *62*, 287-306. doi:10.1080/00313831.2016.1258661

Eichas, K., Montgomery, M. J., Meca, A., & Kurtines, W. M. (2017). Empowering marginalized youth: A self-transformative intervention for promoting positive youth development. *Child Development*, *88*, 1115-1124. doi:10.1111/cdev.12866

Ferrer-Wreder, L., Sundell, K., **Eichas, K.**, & Habbi, M. (2015). An empirical test of a diffusion framework for school-based prevention: The 21 Swedish junior high school study. *Journal of Community Psychology*, *43*, 811-831. doi:10.1002/jcop.21709

Eichas, K., Meca, A., Montgomery, M. J., & Kurtines, W. M. (2014). Identity and positive youth development: Advances in developmental intervention science. In K. McLean & M. Syed (Eds.), *The Oxford handbook of identity development* (pp. 337-354). Oxford, England: Oxford University Press. [Printed in *Oxford Handbooks Online*, doi:10.1093/oxfordhb/9780199936564.013.020]

Löfholm, C. A., **Eichas, K.**, & Sundell, K. (2014). The Swedish implementation of Multisystemic Therapy for adolescents: Does treatment experience predict treatment adherence? *Journal of Clinical Child and Adolescent Psychology*, *43*, 643-655. doi:10.1080/15374416.2014.883926

Meca, A., **Eichas, K.**, Quintana, S., Maximin, B. M., Ritchie, R. A., Madrazo, V. L., Harari, G. M., & Kurtines, W. M. (2014). Reducing identity distress: Results of an identity intervention for emerging adults. *Identity: An International Journal of Theory and Research*, *14*, 312-331. doi:10.1080/15283488.2014.944696

Rinaldi, R. L., Meca, A., **Eichas, K.**, Kurtines, W. M., Albrecht, R. E., & Goodletty, S. (2012). The development and evaluation of a qualitative extension for the Personally Expressive Activities Questionnaire (PEAQ-QE): A construct validation study. *Identity: An International Journal of Theory and Research*, *12*, 320-344. doi:10.1080/15283488.2012.716378

Ferrer-Wreder, L., Adamson, L., Kumpfer, K. L., & **Eichas, K.** (2012). Advancing intervention science through effectiveness research: A global perspective. *Child and Youth Care Forum*, *41*, 109-117. doi:10.1007/s10566-012-9173-y

Eichas, K., Albrecht, R. E., Garcia, A. J., Ritchie, R. A., Varela, A., Garcia, A., Rinaldi, R., Wang, R., Montgomery, M. J., Silverman, W. K., Jaccard, J., & Kurtines, W. M. (2010). Mediators of positive youth development intervention change: Promoting change in positive and problem outcomes? *Child and Youth Care Forum*, *39*, 211-237. doi:10.1007/s10566-010-9103-9

Kurtines, W. M., Montgomery, M. J., **Eichas, K.**, Ritchie, R., Garcia, A., Albrecht, R., Berman, S., Ferrer-Wreder, L., & Lorente, C. C. (2008). Promoting positive identity development in troubled youth: A developmental intervention science approach. *Identity: An International Journal of Theory and Research*, *8*, 125-138. doi:10.1080/15283480801938515

Kurtines, W. M., Montgomery, M. J., Lewis Arango, L., Kortsch, G., Albrecht, R., Garcia, A., Ritchie, R., & **Eichas, K.** (2008). Promoting positive youth development: Relational Data Analysis (RDA). *Journal of Adolescent Research*, *23*, 291-309. doi:10.1177/0743558408314379

Montgomery, M. J., Kurtines, W. K., Ferrer-Wreder, L., Berman, S. L., Lorente, C. C., Briones, E., Silverman, W. K., Ritchie, R., & **Eichas, K.** (2008). A Developmental Intervention Science (DIS) approach to promoting youth development: Theoretical, methodological, and meta-theoretical challenges. *Journal of Adolescent Research*, *23*, 268-290. doi:10.1177/0743558408314376

CONFERENCE ACTIVITY

Panels Organized

Eichas, K. (2014). The importance of context to self and identity development. Presented at the 15th biennial conference meeting of the *Society for Research on Adolescence*, Austin, TX.

Eichas, K., & Ritchie, R. (2007). Promoting positive identity development: A relational developmental intervention science approach. Presented at the 14th annual conference meeting of the *Society for Research on Identity Formation*, Washington, DC.

Papers Presented

Eichas, K., Montgomery, M., Meca, A., & Kurtines, W. (2017) Empowering marginalized youth: A self-transformative intervention for promoting positive youth development. In A. Oshri (Chair), *Early Life Stress and Positive Youth Development in a Global Context*. Presented at the 2017 biennial conference meeting of the *Society for Research in Child Development*, Austin, TX.

Eninger, L., Ferrer-Wreder, L., **Eichas, K.,** Westling, M. A., Smedler, A., Olsson, T., Sedem, M., Hau, H. G., Herkner, B., & Domitrovich, C. (2017). Culture and young children's social emotional competence: Findings and implications for the cultural adaptation of interventions. In R. Dimitrova & F. Motti-Stefanidi (Chairs), *Positive Adaptation of Children and Adolescents with Different Cultural Backgrounds in a Global Perspective*. Presented at the 2017 biennial conference meeting of the *Society for Research in Child Development*, Austin, TX.

Ferrer-Wreder, L., **Eichas, K.,** Lorente, C. C., Dimitrova, R., & Galanti, M. R. (2017). Exploring identity synthesis, gender, and adjustment in the KUPOL study: Initial findings. Presented at the 24th annual conference meeting of the *International Society for Research on Identity*, Groningen, the Netherlands.

DeMille, S., Montgomery, M., & **Eichas, K.** (2015). The impact of gender on the treatment process in an outdoor behavioral healthcare program. Presented at the 2015 annual conference of the *Wilderness Therapy Symposium*, Park City, UT.

Eichas, K., Ball, B., Rosenbluth, B., Massetti, G., Thorpe, A., & Holland, K. (2012). Expect Respect Support Groups: Developing a model of change for reducing dating violence perpetration among at-risk youth. In S. Miller (Chair), *Teen Dating Violence: Bridging Programs and Policies*. Presented at the 20th annual conference meeting of the *Society for Prevention Research*, Washington, DC.

Ball, B., **Eichas, K.,** & Rosenbluth, B. (2012). Expect Respect Support Groups: Developing a model of change for reducing dating violence. Presented at the 2012 *National Conference on Health Care and Domestic Violence*, San Francisco, CA.

Eichas, K., Varela, A., Rinaldi, R., Montgomery, M. J., & Ferrer-Wreder, L. (2007). The Miami Youth Development Project. Presented at the biennial conference meeting of the *Society for the Study of Human Development*, Penn State University, State College, PA.

Berman, S., **Eichas, K.,** Varela, A., Rinaldi, & R. (2007). Developmental intervention science outreach research. In W. Kurtines & M. Montgomery (Chairs), *Community Supported Positive Youth Development Programs*. Presented at the biennial conference meeting of the *Society for the Study of Human Development*, Penn State University, State College, PA.

Eichas, K., Varela, A., Rinaldi, R., & Montgomery, M. (2007). The Miami Youth Development Project. In K. R. Eichas & R. A. Ritchie (Co-chairs), *Promoting Positive Identity Development in Troubled Youth: A Developmental Intervention Science Approach*. Presented at the 14th annual conference meeting of the *Society for Research on Identity Formation*, Washington, DC.

Montgomery, M., Kurtines, W. M., & **Eichas, K.**, (2006). Group training and supervision in a university-community partnership: The Changing Lives Program. Presented at the 47th annual conference meeting of the *Rocky Mountain Association for Counseling Education and Supervision*, Jackson, WY.

Posters Presented

Ferrer-Wreder, L., **Eichas, K.**, Trost, K., & Galanti, M. R. (2018). Ways to measure family-related factors in Swedish families using child and parent reports. To be presented at the 17th biennial conference meeting of the *Society for Research on Adolescence*, Minneapolis, Minnesota.

Montgomery, M., DeMille, S., & **Eichas, K.** (2017). Ego strength development in a wilderness therapy intervention for struggling adolescents. Presented at the 24th annual conference meeting of the *International Society for Research on Identity*, Groningen, the Netherlands.

DeMille, S., Montgomery, M. & **Eichas, K.** (2016). Do boys and girls respond to intervention differently? The impact of gender in an outdoor behavioral healthcare program. Presented at the 31st *International Congress of Psychology*, Yokohama, Japan.

Eichas, K. & Chen, P. Y. (2016). Identity horizons, student engagement, and academic achievement among adult college students. Presented at the 23rd annual conference meeting of the *International Society for Research on Identity*, Baltimore, MD.

Chen, P. Y., **Eichas, K.**, Donovan, M., & LaStrape, A. (2016). Identity-supportive relationships in a school-based AmeriCorps program: Does autonomy support matter in middle school? Presented at the 23rd annual conference meeting of the *International Society for Research on Identity*, Baltimore, MD.

Montgomery, M., DeMille, S., & **Eichas, K.** (2016). Ego strength change in youth in a wilderness therapy program. Presented at the 23rd annual conference meeting of the *International Society for Research on Identity*, Baltimore, MD.

Eichas, K., Chen, P. Y., & Brookshear, A. (2016). Identity resources, study processes, and academic achievement: A study of adult college students. Presented at the 20th biennial conference meeting of the *Society for Research in Human Development*, Denver, CO.

Eichas, K., Dennard, C., Stickley, Z.¹ & Meca, A. (2015). Promoting positive adult development: Results from an identity-focused program for adult students. Presented at the 9th biennial conference meeting of the *Society for the Study of Human Development*, Austin, TX.

DeMille, S., Montgomery, M. & **Eichas, K.** (2015). Do boys and girls respond to intervention differently? The impact of gender in an outdoor behavioral healthcare program. Presented at the 9th biennial conference meeting of the *Society for the Study of Human Development*, Austin, TX.

Eichas, K., Meca, A., & Whiteley, J. (2015). Promoting positive identity: The Making Career and Education Choices Workshop. Presented at the 22nd annual conference meeting of the *Society for Research on Identity Formation*, Bellingham, Washington.

Eichas, K., Horn-Johnson, T., Dennard, C., Moffatt, M., Meca, A., & Maximin, B. (2014). Identity development and academic self-regulation among emerging adults following nontraditional educational pathways. Presented at the 15th biennial conference meeting of the *Society for Research on Adolescence*, Austin, TX.

¹ Underlined authors were student advisees of Dr. Eichas

Meca, A., **Eichas, K.**, Quintana, S., Maximin, B., Madrazo, V., Ritchie, R., & Kurtines, W. M. (2014). Preliminary evaluation of the Adult Development Project: An identity intervention for emerging adults. Presented at the 15th biennial conference meeting of the *Society for Research on Adolescence*, Austin, TX.

Madrazo, V. L., Meca, A., **Eichas, K.**, Ritchie, R., & Kurtines, W. (2012). The effects of a positive youth development intervention on problem behavior. Presented at the 2012 annual convention of the *American Psychological Association*, Orlando, FL.

Eichas, K., Rinaldi, Quintana, S., Ritchie, R., Garcia, A., Varela, A., Maximin, B., Kasian, E., Madrazo, V., Meca, A., & Kurtines, W. M. (2011). Evaluating positive youth development: Relational Data Analysis. Presented at the 18th annual conference meeting of the *Society for Research on Identity Formation*, Daytona Beach, FL.

Rinaldi, R., Meca, A., **Eichas, K.**, Ritchie, R., Garcia, A., & Kurtines, W. M. (2011). Deciding between fixed or free response data...why not both?: A Relational Data Analysis approach. Presented at the 18th annual conference meeting of the *Society for Research on Identity Formation*, Daytona Beach, FL.

Varela, A., **Eichas, K.**, Albrecht, R., Garcia, A., Ritchie, R., Rinaldi, R., Garcia, A., Maximin, B., Meca, A., Kasian, E., Quintana, S., & Kurtines, W. (2011). The development and evaluation of a Relational Data Analysis coding template for the Transformative Goal Attainment Scale-Qualitative Extension. Presented at the 18th annual meeting of the *Society for Research on Identity Formation*, Daytona Beach, FL.

Rinaldi, R., Meca, A., **Eichas, K.**, Kasian, E., & Kurtines, W. M. (2010). A longitudinal investigation of the effects of participation in the Changing Lives Program: An integrative quantitative qualitative evaluation model. Presented at the 17th annual conference meeting of the *Society for Research on Identity Formation*, Philadelphia, Pennsylvania.

Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Varela, A., Madrazo, V., Maximin, B., Kasian, E., Meca, A., O'Dowd, B., Quintana, S., & Kurtines, W. M. (2009). Evaluating positive youth development: An integration of quantitative and qualitative methods. Presented at the 6th biennial conference meeting of the *Society for the Study of Human Development*, Ann Arbor, MI.

Rinaldi, R., Keeler, E., Olarte, S., Meca, A., Madrazo, V., Maximin, B., **Eichas, K.**, & Kurtines, W. M. (2009). The development and evaluation of a relational data analysis coding template (RDA-CT) for the Personally Expressive Activities Questionnaire-Qualitative Extension (PEAQ-QE). Presented at the 16th annual conference meeting of the *Society for Research on Identity Formation*, Asilomar, CA.

Chen, P. Y., Ritchie, R., **Eichas, K.**, Varela, A., Garcia, A., Gomez, R., & Kurtines, W. M. (2007). Psychometric analysis of the Life Course Interview (LCI) for use with multicultural troubled youth. Presented at the 2007 biennial conference meeting of the *Society for Research on Child Development*, Boston, MA.

Eichas, K., Albrecht, R., Varela, A., Ritchie, R., Garcia, A., Wang, R., Chen, P. Y., Garcia, A., Bird, B., & Rinaldi, R. (2007). An investigation of the relationships among identity processes, identity styles, and the resolution of identity conflicts in a sample of multi-problem adolescents. Presented at the 14th annual conference meeting of the *Society for Research on Identity Formation*, Washington, DC.

Ritchie, R., Chen, P. Y., Bird, B., **Eichas, K.**, Whiddon, M., & Kurtines, W. M. (2007). Identity development in multi-problem youth. Presented at the 14th annual conference meeting of the *Society for Research on Identity Formation*, Washington, DC.

Chen, P. Y., Ritchie, R., **Eichas, K.**, Kurtines, W. M., & Melendez, C. (2006). Test-retest and inter-coder reliability of the Life Course Interview (LCI) for use with multicultural troubled youth. Presented at the 13th annual conference meeting of the *Society for Research on Identity Formation*, San Francisco, CA.

Ritchie, R., Varela, A., Garcia, A., Bird, B., **Eichas, K.**, Chen, P. Y., & Frank, M. (2006) Positive identity development in a school-based youth development program. Presented at the 13th annual conference of the *Society for Research on Identity Formation*, San Francisco, CA.

Garcia, A., Albrecht, R., Ritchie, R., Varela, A., Wang, R., **Eichas, K.**, & Kurtines, W. M. (2006). Promoting positive youth development: Using within-regression analysis to estimate group process growth curves as mediators of intervention change in multi-problem youth. Presented at the 13th annual conference of the *Society for Research on Identity Formation*, San Francisco.

Garcia, A., Ritchie, R., Varela, A., Albrecht, R., **Eichas, K.**, & Kurtines, W. M. (2005). Contextual and intervention process moderators of positive development in a school- based youth development program. Presented at the 4th biennial conference meeting of the *Society for the Study of Human Development*, Asilomar, CA.

Student Posters Supervised

LaStrape, A., Carroll, B., Stickley, Z., & Eichas, K. (2018). Academic goal pursuit: The structure of academic intentional self-regulation among first generation college students. To be presented at the 21st biennial conference meeting of the *Society for Research in Human Development*, Plano, TX.

Stickley, Z., Carroll, B., LaStrape, A. & Eichas, K. (2018). Identity distress in first generation college students: A factor analysis of the identity distress survey. To be presented at the 21st biennial conference meeting of the *Society for Research in Human Development*, Plano, TX.

Hanson, K., Kelley, C., Gaytan, V., Delgado, I., Tannous, A., Monson, B., Burch, A., & Eichas, K. (2016). Promoting self-construction: Results from a positive adult development intervention. Presented at the 20th biennial conference meeting of the *Society for Research in Human Development*, Denver, CO.

Stickley, Z., Dennard, C., Kelley, C., & Eichas, K., (2015). Identity distress in adult college students: A factor analysis of the Identity Distress Survey. Presented at the 9th biennial conference meeting of the *Society for the Study of Human Development*, Austin, TX.

Kelley, C. Moore, B., & Eichas, K., (2015). What student veterans tell us they need: A qualitative investigation. Presented at the 9th biennial conference meeting of the *Society for the Study of Human Development*, Austin, TX.

Moffatt, M. Whiteley, J., Eichas, K., Dennard, C., Horn-Johnson, T., Meca, A., & Maximin, B. (2014). Identity development at a university center: A self-transformative model. Presented at the 19th biennial conference meeting of the *Society for Research in Human Development*, Austin, TX.

Hickox, L., Whiteley, J., Moffatt, M., & Eichas, K. (2014). Identity commitment among nontraditional students: A resource for self-mastery and academic motivation? Presented at the 19th biennial conference meeting of the *Society for Research in Human Development*, Austin, TX.

Hickox, L., Whiteley, J., Moffatt, M., Stickley, Z., Eichas, K., Dennard, C., & Horn-Johnson, T. (2014). Identity commitment and academic motivation: A study of nontraditional students. Presented at the 21st annual conference meeting of the *Society for Research on Identity Formation*, Austin, TX.

Moffatt, M., Whiteley, J., Stickley, Z., Eichas, K., Dennard, C., Horn-Johnson, T., Cox, S., Meca, A., & Maximin, B. (2014). Identity development among university center students: The role of academic self-regulation. Presented at the 21st annual conference meeting of the *Society for Research on Identity Formation*, Austin, TX.

Meca, A., Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Kasian, E., O'Dowd, B., Quintana, S., & Kurtines, W. M. (2009). Positive youth development: Promoting control and responsibility. Presented at the 6th biennial conference meeting of the *Society for the Study of Human Development*, Ann Arbor, MI.

Keeler, E., Olarte, S., Mansur, S., Meca, A., Madrazo, V., Maximin, B., Su, J., **Eichas, K.**, & Kurtines, W. M. (2009). Relations between behavior problems and informational identity style in multi-problem adolescents. Presented at the 16th annual conference meeting of the *Society for Research on Identity Formation*, Asilomar, CA.

Olarte, S., Keeler, E., Meca, A., Madrazo, V., **Eichas, K.**, & Kurtines, W. M. (2009). Inter-rater reliability of the Critical Problem Solving Scale. Presented at the 16th annual conference meeting of the *Society for Research on Identity Formation*, Asilomar, CA.

INVITED RESEARCH PRESENTATIONS

Eichas, K. (2016). Intervention outcome evaluation: Using structural equation models to understand change in youth interventions. Presented at the Karolinska Institute, Solna, Sweden.

Eichas, K. (2016). Positive development interventions: Connecting positive youth development to intervention science. Presented at the *Center for the Promotion of Excellence in Higher Education*, Kyoto University, Kyoto, Japan.

Eichas, K. (2016). Identity and positive youth development: Theory and practice to empower marginalized youth. Presented at the 71st meeting of the *Self Consciousness Study Group*, Kyoto University, Kyoto, Japan.

Eichas, K., Horn-Johnson, T., Harris, S., Dennard, C., & Notgrass, D. (2013). Perceptions of students at a local state-supported university: Trials, tribulations, triumphs! Presented at the 6th annual *Greater Waco Community Education Summit*, Waco, TX.

Eichas, K. (2008). The Miami Youth Development Project: The Changing Lives Program. Presented in the series, Judicial Reform: A Project for Afghanistan, *Miami Council for International Visitors*, Miami, FL.

RESEARCH AND CLINICAL EXPERIENCE

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| 2010– 2012 | Expect Respect Program, SafePlace: Travis County Domestic Violence and Sexual Assault Survival Center |
| 2005– 2010 | Miami Youth Development Project, Florida International University |
| 2005– 2005 | Counseling Center, Palo Alto College |
| 2005– 2005 | Academy for Teacher Excellence, University of Texas at San Antonio |
| 2004– 2005 | Department of Counseling, University of Texas at San Antonio |

TEACHING EXPERIENCE

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| 2012– | Department of Psychological Sciences, Tarleton State University |
| 2007– 2009 | Department of Psychology, Florida International University |
| 2007– 2009 | Miami Dade College, multiple campuses |

Courses Taught

- 2012– *Tarleton State University*
- Graduate:
Statistical Methods in Education Leadership
Behavioral Statistics
Human Development
- Undergraduate:
Elementary Statistics for the Behavioral Sciences
Principles of Research for the Behavioral Sciences
Adaptive Psychology
History of Psychology
The Human Lifespan
Psychology of Learning
Animal Behavior
Writing in Psychology
- 2007– 2009 *Florida International University*
Psychology of Adolescence
Psychosocial Developmental Interventions in Field Settings
- 2007– 2009 *Miami Dade College*
Introduction to Psychology
Psychology of Personal Effectiveness
Student Life Skills

DISSERTATION SUPERVISION

- 2018– Lisa DeBose-Walker, Educational Leadership, Tarleton State University. Implementing Tier II RtI at a high school: A case study. Dissertation committee member.
- 2017– Anthony LaStrape, Educational Leadership, Tarleton State University. The structure of emotional intelligence: A factor analysis of the Emotional Skills Assessment Process. Dissertation committee co-chair.
- 2016– Sarah Thomas. Stockholm University, Psychology. Early childhood social-emotional competence and adjustment in cultural context. Dissertation assistant supervisor.

HONORS

- 2017 Engaged Faculty Award for exemplary community-engaged scholarship and leadership, Tarleton State University, College of Education
- 2016 Invited guest researcher at Stockholm University, Department of Psychology, Stockholm, Sweden; funded by FORTE (Swedish Research Council for Health, Working Life, and Welfare)

SERVICE

- 2016– Nominations Committee, International Society for Research on Identity
- 2016– College Review Committee, College of Education, Tarleton State University
- 2009– 2010 Assistant to the Treasurer, Society for the Study of Human Development
- 2009– 2010 Assistant to the Treasurer, Society for Research on Identity Formation
- 2009– 2010 Steering Committee, Society for the Study of Human Development
- 2009 On-site Early Career Coordinator, Society for the Study of Human Development
- 2004– 2005 Editorial Assistant, Journal of Creativity in Mental Health

PROFESSIONAL AFFILIATIONS

International Society for Research on Identity
Society for Research in Child Development
Society for the Study of Human Development
Society for Research on Adolescence
Society for Research in Human Development
Society for the Study of Emerging Adulthood